



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Treetops To Rooftops 5K Distance 5 km

Location (state) NY (city) Highland

Type of course: road race calibration track Configuration: point-to-point

Type of surface: paved 100 % dirt - % gravel - % grass - % track - %

Elevation (meters above sea level) Start 70 Finish 2 Highest 70 Lowest 2

Straight line distance between start & finish 1480 m Drop 13.6 m/km Separation 29.6 %

Measured by (name, address, phone & e-mail) Brian Cavanagh, 9 Lake Shore Dr West, Rock Hill, NY 12775;
845-423-9816; abcav@me.com

Race contact (name, address, phone & e-mail) Susanne O'Neil, Program Manager, Walkway Over the Hudson
PO Box 889, Poughkeepsie, NY 12602; 845-454-9649; soneil@walkway.org

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: December 14, 2014

Race date: June 13, 2015 Course certification effective date: January 2, 2015

Certification code: NY15001JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2025**

AS NATIONALLY CERTIFIED BY:

Date: January 11, 2015

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
 Phone: 518-852-3562 • Email: jim.gilmer@gmail.com

Treetop to Rooftops 5K; Highland to Poughkeepsie, NY

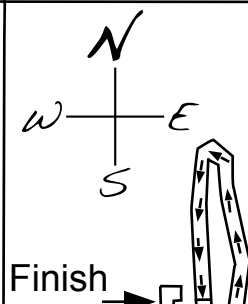
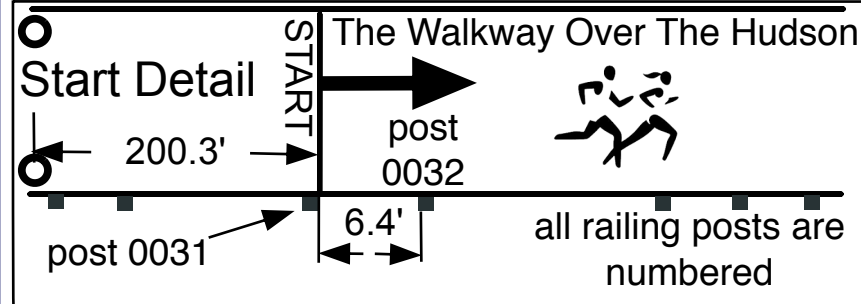
Route: start, go E on The Walkway Over The Hudson. Instead of going straight into pay parking lot, veer R (E) onto asphalt pathway downhill to sharp R onto sidewalk then Parker Ave, continue W, then L onto Washington St, R onto Verazzano Blvd, R onto Mt Carmel Pl, stay R to go onto Delafield St, under The Walkway, L onto Hoffman St, R onto N Water St, head N, then curve to L to head S onto Waterworks Rd, then finish at Boat Club Bldg #270.



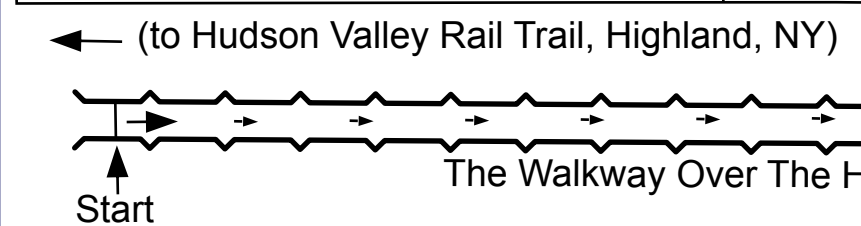
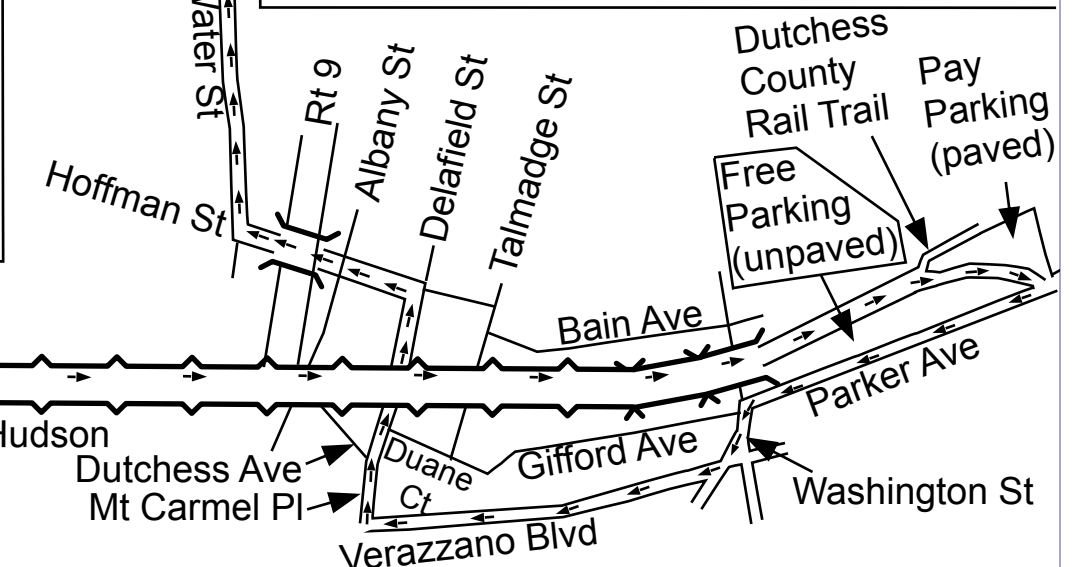
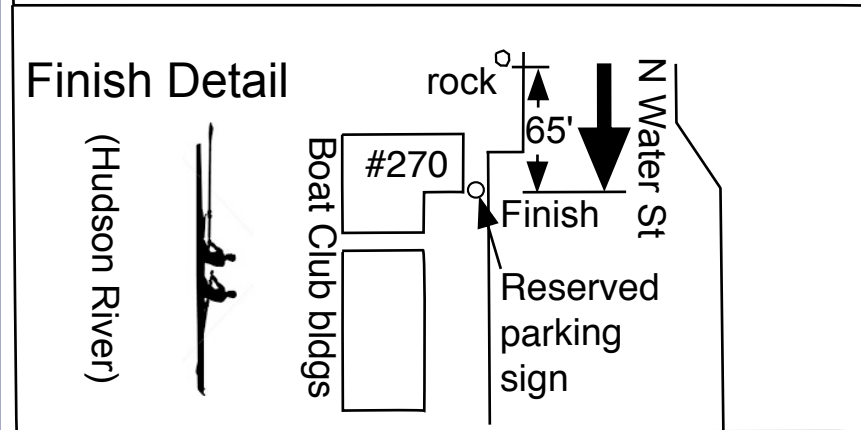
USATF Certificate

NY15001JG

Effective: 01/02/2015
through 12/31/2025



Numbered posts on S side of Walkway face W. Start 200.3' east of centerline of The Walkway's SW gatepost, in line w/ E face of post 0031, 6.4' W of post 0032. 1mi- 0.3' past Walkway post 0761. 2mi- 58' past TP 145758 (37 Verrazano Blvd). 3mi- 80.2' before NW corner of concrete platform on E side of N Water St. Finish- 65 feet past southernmost end of last of series of large rocks on W side of street. Finish- in line with reserved parking sign in line with corner of building #270; see map.



Key: TP=telephone pole ○ =Walkway gate

Map by Brian Cavanagh, USATF Certified Coach, www.sullivanstriders.org/brians_sites.html abcav@me.com

Originals Education Edition