

# Delaware Youth Center

## 18th Annual

### 10K and 5K River Run/Walk

Flat, scenic, very fast course alongside the beautiful Delaware River -  
Great for an accurate personal record!!!

**Sunday, July 24, 2016**

**Discounted Early Registration by July 1**

**Race Day Registration - 6:45-8:15 am**

**Start Time: 8:30**

#### ENTRY FEES:

Early Registration- 5K- \$20 10K- \$25  
After July 1st- 5K-\$25 10K- \$30  
First 250 Registered get 2016 race shirt  
Teams of 5 or more receive \$2 discount  
for each participant  
5K USATF Certified Course# NY14046JG  
10K USATF Certified Course# NY14047JG  
Certified by Brian Cavanagh

For more information or to register call:  
(845) 887-5155  
Email: 5K@delawareyouthcenter.org



#### TROPHIES/MEDALS

##### RUNNERS:

First, Second & Third Place  
For Each Age Group

##### WALKERS:

Overall Male & Female

##### TEAMS:

Award for team with the most  
participants

See our website for a  
complete list of race sponsors and  
additional information  
[www.delawareyouthcenter.org](http://www.delawareyouthcenter.org)



**All Proceeds benefit the  
Delaware Youth Center**

River Photo courtesy of John Ducey

#### ENTRY FORM:

**PLEASE FILL OUT ENTRY FORM, READ THE STATEMENT AND SIGN.**

Name: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_ Male \_\_\_ Female

Age on Race Day: \_\_\_\_\_

Email Address: \_\_\_\_\_

T-Shirt Size (Circle One): S M L XL XXL

Early Registration For:

\_\_\_ Walk(\$20) \_\_\_ 5K (\$20) \_\_\_ 10K(\$25)

Regular Registration For:

\_\_\_ Walk(\$25) \_\_\_ 5K (\$25) \_\_\_ 10K(\$30)

Team Name (if applicable): \_\_\_\_\_ (deduct \$2)

Total Enclosed: \_\_\_\_\_

#### LIABILITY AND PUBLICITY RELEASE

In consideration of you accepting this entry, I, the undersigned, intending to be legally bound here for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against any publications, the Town of Delaware, the Delaware Youth Center, all sponsors, broadcasting companies and all others to be named, their representatives, successors and assigns for any and all injuries suffered by me in said events.

Make check payable to:  
Delaware Youth Center, PO Box 354  
Callicoon, NY 12723

**Or Register Online at:**

<http://delawareyouthcenter.org/the-river-run-2016>

Signature (If under 18 signature of parent or legal guardian) Date