

Lou's Run -Summer Series #2 7/8/2013 4.3 Mile Trail Race

Place	Name	Age	Location	Age Group	Award	Pace	Time
1	Shea, Phil	M32		M30-39	1 of 23	05:58	25:37.30
2	Serrano, Allan	M45	High Falls NY	M40-49	1 of 19	06:03	26:01.70
3	Dwyer-McNulty, Declan	M18	Red Hook NY	M1-19	1 of 9	06:16	26:55.70
4	Teich, Roni	M22		M20-29	1 of 10	06:23	27:26.00
5	McCowan, James	M36	Poughkeepsie NY	M30-39	2 of 23	06:33	28:09.90
6	Waldron, Eric	M35	Kerhonkson NY	M30-39	3 of 23	06:36	28:23.00
7	Kosteczko, Tim	M27	Wallkill NY	M20-29	2 of 10	06:41	28:46.20
8	McCann, Terry	M36		M30-39	4 of 23	06:50	29:21.00
9	kent, Trevor	M21	Red Hook NY	M20-29	3 of 10	06:53	29:34.10
10	Zapotoski, Brandon	M15	New Paltz NY	M1-19	2 of 9	06:57	29:53.20
11	Schwartz, Tal	M17	New Paltz NY	M1-19	3 of 9	07:00	30:04.60
12	McCann, Ryan	M38	Red Hook NY	M30-39	5 of 23	07:03	30:20.40
13	Mendrzycki, Dempsey	M15	Warwick NY	M1-19	4 of 9	07:07	30:34.00
14	Cleaveland, Kelly	F18	Poughkeepsie NY	F1-19	1 of 22	07:07	30:36.70
15	Hanson, Sebastian	M18	Pleasant Valley NY	M1-19	5 of 9	07:07	30:37.20
16	Slinsky, Mike	M44		M40-49	2 of 19	07:08	30:40.30
17	Laughlin, Henry	M16		M1-19	6 of 9	07:08	30:41.00
18	Strange, Marissa	F50	Pleasant Valley NY	F50-59	1 of 8	07:11	30:52.10
19	Thurston, Donald	m47	Pine Bush NY	M40-49	3 of 19	07:11	30:53.40
20	Portzune, Dustin	M26	New Paltz NY	M20-29	4 of 10	07:13	30:59.80
21	Taylor, Mendy	F36	Stone Ridge NY	F30-39	1 of 11	07:14	31:05.90
22	Gross III, Arthur	M23	Hyde Park NY	M20-29	5 of 10	07:15	31:08.70
23	Jackson, Greg	M29	High Falls NY	M20-29	6 of 10	07:17	31:19.80
24	Black, Kris	M20		M20-29	7 of 10	07:20	31:30.90
25	Ruoff, Mark	M41	Gardiner NY	M40-49	4 of 19	07:21	31:35.60
26	Ehmann, Katie	F20	Kingston NY	F20-29	1 of 14	07:22	31:42.20
27	Feinsod, Jeffrey	m46	Cottkill NY	M40-49	5 of 19	07:28	32:06.20
28	Cecere, Greg	M30	New Paltz NY	M30-39	6 of 23	07:33	32:28.50
29	deHaan, Tom	M50	Kingston NY	M50-59	1 of 18	07:34	32:30.70
30	Foley, Bill	M59	Wappingers Falls NY	M50-59	2 of 18	07:35	32:37.00
31	Reilly, Megan	F15	Warwick NY	F1-19	2 of 22	07:38	32:50.30
32	Ginley, Darby	F17	Warwick NY	F1-19	3 of 22	07:38	32:50.50
33	Coleman, Mark	M53	Poughkeepsie NY	M50-59	3 of 18	07:40	33:00.10
34	Pileggi, Wyatt	M37	High Falls NY	M30-39	7 of 23	07:43	33:09.10
35	Buonfizia, Steve	M51		M50-59	4 of 18	07:47	33:26.60
36	McCloskey, Garvan	m50	New Paltz NY	M50-59	5 of 18	07:47	33:28.70
37	Boos, Jeff	M39	High Falls NY	M30-39	8 of 23	07:48	33:32.60
38	Koonz, Kayla	F21	Gardiner NY	F20-29	2 of 14	07:50	33:39.50
39	O'Dowd, Tom	m30	New Paltz NY	M30-39	9 of 23	07:50	33:40.60
40	Gallo, Chris	M36	Kingston NY	M30-39	10 of 23	07:51	33:43.80
41	Eigo, Agnes	F15	Warwick NY	F1-19	4 of 22	07:53	33:55.30
42	Davis, Deidre	F19	Warwick NY	F1-19	5 of 22	07:53	33:55.80
43	Schiffer, Jacqueline	F48	Olivebridge NY	F40-49	1 of 16	07:54	34:00.30
44	Hjeltnes, Kiki	F35	New Paltz NY	F30-39	2 of 11	07:57	34:11.80
45	Erne, Ian	M52	New Paltz NY	M50-59	6 of 18	07:59	34:19.40
46	Melara, Keith	M36	Poughkeepsie NY	M30-39	11 of 23	08:02	34:32.30
47	Eder, Emily	F14	Warwick NY	F1-19	6 of 22	08:06	34:48.50
48	Minon, Martha	F17	Stone Ridge NY	F1-19	7 of 22	08:07	34:53.60
49	von Reusner, Matthais	M46	Red Hook NY	M40-49	6 of 19	08:11	35:13.00
50	Sheeley, Patrick	M43	High Falls NY	M40-49	7 of 19	08:14	35:22.20
51	Ulmer, Justin	M15	Montgomery NY	M1-19	7 of 9	08:14	35:25.00
52	Sutton, Rick	m32	Pleasant Valley NY	M30-39	12 of 23	08:15	35:29.70
53	Lopiano, Pat	M62	Kingston NY	M60-69	1 of 5	08:18	35:40.20
54	DeStasio, Mike	M49		M40-49	8 of 19	08:22	36:00.60

Lou's Run -Summer Series #2 7/8/2013 4.3 Mile Trail Race

Place	Name	Age	Location	Age Group	Award	Pace	Time
55	Eyres, Winter	F28	Gardiner NY	F20-29	3 of 14	08:24	36:05.80
56	Spannagel, Debbo	F19	New Hampton NY	F1-19	8 of 22	08:26	36:17.30
57	Newman, Terry	M57	Tillson NY	M50-59	7 of 18	08:29	36:28.00
58	Dolan-Davis, Grace	F47	Warwick NY	F40-49	2 of 16	08:33	36:43.90
59	Freedman, Dan	M48		M40-49	9 of 19	08:33	36:47.80
60	Kiernan, Brian	M32		M30-39	13 of 23	08:36	36:57.10
61	Gildea, Shannon	F16	Bloomington NY	F1-19	9 of 22	08:36	36:57.40
62	Leghorn, Rob	M27	Ulster Park NY	M20-29	8 of 10	08:36	37:00.10
63	Shurter, Jamie	F23	Middletown NY	F20-29	4 of 14	08:37	37:04.60
64	Richardson, David	M33	New Paltz NY	M30-39	14 of 23	08:38	37:07.20
65	Schwerzer, Robert	M37		M30-39	15 of 23	08:40	37:14.40
66	Zapotoski, Nick	M18	New Paltz NY	M1-19	8 of 9	08:40	37:15.00
67	Medley, Amelia	F28	New Paltz NY	F20-29	5 of 14	08:41	37:19.20
68	Kortright, Paul	M53	Kerhonkson NY	M50-59	8 of 18	08:43	37:27.80
69	Nowak III, Martin	M16	Middletown NY	M1-19	9 of 9	08:44	37:33.00
70	Mendrzycki, Morgan	F16	Warwick NY	F1-19	10 of 22	08:47	37:45.40
71	Sarmuksnis, Amy	F35	Wallkill NY	F30-39	3 of 11	08:49	37:54.20
72	Middlebrook, Nicholas	m28	Poughkeepsie NY	M20-29	9 of 10	08:49	37:54.90
73	roth, Johanna	F26	springfield VA	F20-29	6 of 14	08:51	38:04.70
74	Winfield, Dan	m68	New Paltz NY	M60-69	2 of 5	08:52	38:09.10
75	Metichecchia, Susan	F54	New Paltz NY	F50-59	2 of 8	08:55	38:20.50
76	Ellebogen, Marie	F38	Phoenicia NY	F30-39	4 of 11	08:57	38:28.30
77	Klein, Sue	F47	New Paltz NY	F40-49	3 of 16	09:01	38:48.30
78	Dahlgrew, Jon	M53	Millbrook NY	M50-59	9 of 18	09:02	38:51.90
79	Hoey, Madeline	F16	Warwick NY	F1-19	11 of 22	09:03	38:56.40
80	Keegan Twombly, Kevin	M57	Kingston NY	M50-59	10 of 18	09:05	39:02.80
81	Nowak, Jr, Martin	M50		M50-59	11 of 18	09:07	39:10.90
82	Waterman, Bob	M46	Middletown NY	M40-49	10 of 19	09:08	39:15.20
83	Weissman, Anna	F18	Lake Hill NY	F1-19	12 of 22	09:10	39:23.50
84	Waligurski, Emily	F18		F1-19	13 of 22	09:10	39:23.80
85	Mulvihill, Fiona	F10	Chester NY	F1-19	14 of 22	09:13	39:38.10
86	Seche, Margaux	F15	Chichester NY	F1-19	15 of 22	09:13	39:39.80
87	Seche, David	M53	Chichester NY	M50-59	12 of 18	09:13	39:40.00
88	Dwyer-McNulty, Sally	F46	Red Hook NY	F40-49	4 of 16	09:19	40:05.50
89	Garret, Christopher	M42	Pleasant Valley NY	M40-49	11 of 19	09:23	40:19.80
90	Regan, Christopher	M33	Wappingers Falls NY	M30-39	16 of 23	09:23	40:20.20
91	Laughlin, Lauren	F22	Stone Ridge NY	F20-29	7 of 14	09:25	40:28.60
92	von Reusner, Susan	F48	Red Hook NY	F40-49	5 of 16	09:26	40:33.20
93	Mitchell, Kristin	F31	Montgomery NY	F30-39	5 of 11	09:26	40:35.40
94	Beers, Lori	F24	Montgomery NY	F20-29	8 of 14	09:29	40:48.70
95	Ebert, Victor	M27		M20-29	10 of 10	09:30	40:51.60
96	Marks, Daniel	M56	Kingston NY	M50-59	13 of 18	09:32	40:58.90
97	Terpstra, Jennifer	F26	Hurleyville NY	F20-29	9 of 14	09:33	41:03.40
98	Gottstine, Tim	M48	Tillson NY	M40-49	12 of 19	09:34	41:09.50
99	Needham, Doug	M48	Hurley NY	M40-49	13 of 19	09:39	41:28.70
100	O'Keefe, Veronica	F30		F30-39	6 of 11	09:41	41:39.60
101	Barskey, Kon	M31	Wallkill NY	M30-39	17 of 23	09:42	41:44.20
102	Gildea, Kevin	M52	Bloomington NY	M50-59	14 of 18	09:44	41:52.90
103	Kosteczko, Kelly	F26	Wallkill NY	F20-29	10 of 14	09:46	41:59.10
104	Glickenhause, Lisa	F53	Kingston NY	F50-59	3 of 8	09:54	42:32.60
105	Jerkawski, Joe	M48	Tillson NY	M40-49	14 of 19	09:55	42:39.20
106	Jordan, Kevin	M38	Pawling NY	M30-39	18 of 23	09:58	42:49.60
107	Nicholson, Jim	M41	Montgomery NY	M40-49	15 of 19	09:59	42:55.30
108	Chant, Caroline	F52	Stone Ridge NY	F50-59	4 of 8	10:01	43:06.30

Lou's Run -Summer Series #2 7/8/2013 4.3 Mile Trail Race

Place	Name	Age	Location	Age Group	Award	Pace	Time
109	Lankhorst, Patty	f44	Kingston NY	F40-49	6 of 16	10:02	43:06.70
110	Riccardi, Carolyn	F44	New Paltz NY	F40-49	7 of 16	10:02	43:09.70
111	Willett, Ed	M62	Kingston NY	M60-69	3 of 5	10:04	43:19.10
112	Kortright, Skyler	F18	Kerhonkson NY	F1-19	16 of 22	10:07	43:30.80
113	Borrero, Jennifer	F51	Kingston NY	F50-59	5 of 8	10:09	43:39.00
114	Domack, Deb	F46	Kingston NY	F40-49	8 of 16	10:10	43:42.10
115	Foster, Colleen	F41	Red Hook NY	F40-49	9 of 16	10:13	43:55.30
116	Pileggi, Shiloh	F41	New Paltz NY	F40-49	10 of 16	10:15	44:06.10
117	Spinozzi, Karen	F64	Kingston NY	F60-69	1 of 1	10:17	44:11.00
118	Gottstine, Pam	F50	Tillson NY	F50-59	6 of 8	10:19	44:20.20
119	Nielson, Mark	M40	New Paltz NY	M40-49	16 of 19	10:31	45:14.10
120	Nielson, Michael	M36	New Paltz NY	M30-39	19 of 23	10:32	45:15.90
121	Pileggi, Marisa	F41	High Falls NY	F40-49	11 of 16	10:34	45:28.10
122	eccleston, Don	M37		M30-39	20 of 23	10:37	45:37.60
123	Tuscanes, Amy	F40	Stone Ridge NY	F40-49	12 of 16	10:39	45:48.40
124	Sutera, Paul	M55	New Paltz NY	M50-59	15 of 18	10:41	45:57.60
125	Schaffrick, Scott	M45	Hurley NY	M40-49	17 of 19	10:41	45:58.00
126	Schaffrick, Kathy	F46	Hurley NY	F40-49	13 of 16	10:41	45:58.20
127	Kent, Julia	F19	Red Hook NY	F1-19	17 of 22	10:53	46:46.50
128	Chambers, Cindy	F39	Kingston NY	F30-39	7 of 11	10:54	46:50.80
129	Spannagel, Jim	M70	New Hampton NY	M70-99	1 of 2	10:55	46:55.00
130	Spannagel, Rebekah	F19	New Hampton NY	F1-19	18 of 22	10:55	46:55.50
131	deHaan, Maureen	F43	Kingston NY	F40-49	14 of 16	10:55	46:56.80
132	Gross, Elizabeth	F19	Hyde Park NY	F1-19	19 of 22	10:56	46:59.70
133	Falk, Kevin	M31		M30-39	21 of 23	10:58	47:10.20
134	Kent, Don	M52	Red Hook NY	M50-59	16 of 18	11:05	47:38.70
135	McGovern, Sherin	F29	Middletown NY	F20-29	11 of 14	11:14	48:19.50
136	Fallows, Katelyn	F17	Saugerties NY	F1-19	20 of 22	11:18	48:35.30
137	Jerkawski, Lisa	F45	Tillson NY	F40-49	15 of 16	11:20	48:43.40
138	Sutton, Mike	M31	Lake Katrine NY	M30-39	22 of 23	11:25	49:03.90
139	Skeats, Jennifer	F27	Woodstock NY	F20-29	12 of 14	11:25	49:05.70
140	Eyres, Willow	F30	Gardiner NY	F30-39	8 of 11	11:31	49:31.20
141	Mulvihill, Mairead	F12		F1-19	21 of 22	11:32	49:35.60
142	Mulvihill, Michael	M48	Chester NY	M40-49	18 of 19	11:33	49:38.90
143	White, Everett	M70	Kingston NY	M70-99	2 of 2	11:35	49:49.80
144	Bird, Kyle	F52	New Paltz NY	F50-59	7 of 8	11:44	50:26.50
145	Bird, Ken	M55	New Paltz NY	M50-59	17 of 18	11:46	50:34.60
146	Ebert, Sara	F22		F20-29	13 of 14	12:02	51:44.90
147	Ebert, Beth	F54		F50-59	8 of 8	12:02	51:45.30
148	Masullo, Peter	M59	Kingston NY	M50-59	18 of 18	12:03	51:49.90
149	Martarano, Jillian	F30		F30-39	9 of 11	12:04	51:53.60
150	Hanley, Debra	F47	Kingston NY	F40-49	16 of 16	12:08	52:12.10
151	Masullo, Valerie	F30	Margaretville NY	F30-39	10 of 11	12:18	52:52.00
152	Newman, Mark	M42	Highland NY	M40-49	19 of 19	12:23	53:14.60
153	Antal, Bernard	M38	Walden NY	M30-39	23 of 23	12:23	53:14.90
154	Agustin, Maria	F18		F1-19	22 of 22	12:37	54:15.40
155	McCann, Amy	F38		F30-39	11 of 11	12:53	55:24.80
156	Scully, Amy	F28	Montgomery NY	F20-29	14 of 14	13:00	55:52.60
157	Karron, Joan	F9	Saugerties NY	F1-12	1 of 1	13:01	55:59.40
158	Okonofsky, Stuart	M60	Rosendale NY	M60-69	4 of 5	13:37	58:34.20
159	Boles, David	M66	New Paltz NY	M60-69	5 of 5	16:03	01:09:00.00
160	Schneider, Marion	F72	Pine Bush NY	F70-99	1 of 1	23:15	01:40:00.00